

CYFSC interventions are strength based, designed to support youth and families in:

- Diverting from further court involvement
- Improving school attendance and academic success
- Supporting job readiness and linking youth to meaningful vocational opportunities
- Improving family relationships
- Reducing anger and aggressive behavior
- Developing problem solving and coping skills
- Decreasing emotional stress and increasing resiliency
- Improving community connections and linkages to needed resources

Locations

Willimantic CYFSC

Willimantic Office

220 Valley Street
Willimantic CT 06226
Phone: 860.450.9199
Fax: 860.450.9131

Waterford CYFSC

Norwich Office

48 Lafayette Street
Norwich, CT 06360
Phone: 860.949.8630
Fax: 860.949.8627

NAFI Connecticut Inc. Corporate Office

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Farmington CT 06032
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NAFI CT is a COA Accredited Agency that provides programming, consultation, training and individualized services to youth, family and adults in a variety of settings. Foster care, developmental services, residential treatment, in-home services and outpatient services are provided to youth, families and adults throughout Connecticut.

For an overview of NAFI programs and services, please visit our web site at www.nafict.org.



NAFI Connecticut, Inc.
Creating diverse and innovative services for people

CYFSC is provided in collaboration with
Court Support Services Division (CSSD)

Child, Youth and Family Support Center (CYFSC)



Keeping families connected

Child, Youth and Family Support Center (CYFSC)

NAFI's Child, Youth and Family Support Centers (CYFSC) offer multi-services for girls and boys between the ages of 11 to 17 and their families.

Referrals come from the area Juvenile Court for youth with status offenses (truancy, running away, etc.) or delinquency offenses. NAFI's CYFSC programs provide comprehensive services which incorporate evidenced based practices, are culturally competent, gender specific and trauma informed.

The goal of the CYFSC is to provide the support and services needed with the intent of intervening early and diverting youth from becoming further involved in the Juvenile Justice System.

Within a safe and supportive environment, CYFSC staff quickly assess service and treatment needs for families and work together to determine clinical interventions and family supports.

Core CYFSC services

- Screening and assessments
- Crisis intervention and family mediation
- Short-term individual counseling
- Educational and vocational advocacy
- Case management

Psycho-educational and cognitive behavioral groups

- Aggression Replacement Training (ART)
- Voices
- Trauma Affect Regulation Guide for Education and Therapy (TARGET)
- Motivational Enhancement Therapy/ Cognitive Behavioral Therapy/Family Support Network (MET/CBT/FSN)
- Life Skills "Making Choices"
- Referral to other needed services (in-home therapeutic services, mentoring, basic needs assistance, etc.)

Referrals and services

- Within 24 hours of receiving a referral from the court, families are contacted to set up an interview to begin the assessment process
- Following completion of assessments, an Individualized Service Plan with recommended programming and services is developed with the youth and family
- Youth and families may participate in services at the CYFSC, be linked to community resources or referred to other community based services as needed
- Youth progress is reviewed regularly and successes celebrated
- Length of treatment is approximately four months and is based on the needs of the youth and family
- Evening hours are available

